

GETTING THE LOVE YOU WANT

Based on Harville Hendrix's best-selling book, Imago workshops were developed over a 16 year period. This workshop is said to be the equivalent of *three to six months of weekly relationship therapy*.

IN THIS WORKSHOP WE WILL HELP YOU TO:

- Make sense of the impact of your childhood experience on your adult relationships
- See conflict not as a problem, but as an opportunity for growth
- End power struggles and resolve cycles of anger, blaming and shaming
- Create safety, closeness, satisfaction, romance, passion, fun and intimacy
- Get to the root of your problems and find out what is beneath the triggers

Workshop Review: Aaron

A transformational experience to take your relationship to the next level. A blending of theory & practice to discover the hidden motivations behind your attraction & behaviour. Some workshops promise a lot, this one delivers.

WHAT YOU CAN LEARN

This workshop is an opportunity for you to identify what's not working in your relationship and find ways to change the dynamic. By participating in the program you can learn ways to:

- Learn a new way to talk and listen that creates deeper understanding, safety and connection.
- Understand yourself, your partner and each other's deeper hurts: in particular what creates anxiety in your relationship, whilst developing empathy and compassion for each other.
- Recognise your own defences and how they restrict you from growing and changing for the better.
- Co-create a new love relationship and a new vision in which you discover and build together what really works.
- Develop practical communication skills and gain a new understanding of long term successful relationships.
- Model a strong and loving relationship for your children.

WORKSHOP REGISTRATION

Full Fee: \$800 payable one week prior
Early Bird: \$750 payable two weeks prior
Concessions can apply in certain circumstances - please enquire.

A workshop manual is provided for each participant along with education about relationships, written exercises, demonstrations and practice sessions. Morning & afternoon refreshments is provided. BYO lunch or visit a cafe nearby.

TO REGISTER

Email your names, mobile numbers and date of deposit to:
julie@enrichingrelationshipsnewcastle.com.au
Payments into the following account:
Enriching Relationships Newcastle
BSB: 062 804 A/C no. 10253536
Identify payment with your surname/s.
Any problems, phone 0422 955 414

VENUE

**Conference Room, D.A. Centre
2 Percy Street, Hamilton**

DATES:

13th/14th June 2020
Saturday and Sunday 9am to 6pm

Julie Ayres-Cutler (0422 955 414)



Julie is an accredited counsellor, an Imago relationship therapist, workshop presenter and life coach at Enriching Relationships Newcastle.

She has specialised in working with individuals and couples on their relationships for more than a decade.

In particular she assists couples in repairing and healing their relationships, enabling them to regain a new aliveness, a safe and more intimate connection, and a sense of empowerment and wholeness.

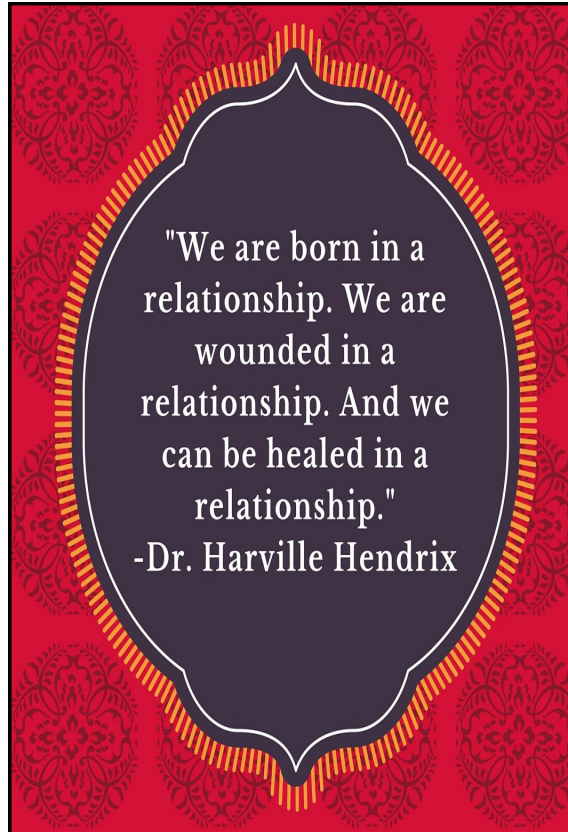
William Vorobioff (0414 408 956)



Will is a psychotherapist, and psychologist (20 years plus), Imago relationship therapist and workshop presenter (with past lives as an electrician and deep ocean salvage diver).

He works with individuals and couples at the East West Health Centre in Tighes Hill, and runs a weekly psychotherapy group.

He developed a love for the Imago model of working with couples, having found it a truly powerful tool in addressing the challenges of his own relationship.



GETTING THE LOVE YOU WANT

Understanding conflict

Healing wounds

Deepening the connection

Developing good communication

Restoring the passion



**A COUPLES
WEEKEND WORKSHOP
In Newcastle 2020**